

PERSONAL INFORMATION

RALUCA MONICA POP (maiden PETRI)



Sex Female | Date of birth | Nationality Romanian

WORK EXPERIENCE

October 2017-present	Endocrinology consultant Endocrinology Department, Mures County Hospital Business or sector medicine
February 2012-October 2017	Endocrinology MD Outpatient Clinic, Emergency Mures County Hospital, Tirgu Mures Business or sector medicine
April 2011-September 2018	Endocrinology MD Nova Vita Hospital, Tirgu Mures Business or sector medicine
March 2018 – July 2020	Endocrinology consultant Regina Maria Outpatient Clinic, Tirgu-Mures Business or sector medicine
September 2016 – present	Lecturer Research Methodology, University of Medicine and Pharmacy Tirgu-Mures Business or sector education
October 2011 - February 2016	Teaching assistant Research Methodology, University of Medicine and Pharmacy Tirgu-Mures Business or sector education

EDUCATION AND TRAINING

2019-2021	Public Health Master Programme, Babes Bolyai University Cluj Napoca
2016	Endocrinology Consultant diploma P1/013688 Romanian Health Ministry
2010-2014	PhD in Medicine, diploma series I, no. 0005747, Magna cum Laude University of Medicine and Pharmacy Tirgu-Mures Title: A standardized approach to the patient with abdominal obesity
2006-2010	Endocrinology Internship Emergency Mures County Hospital & University of Medicine and Pharmacy Tirgu-Mures
1999-2005	Licence diploma, General Medicine University of Medicine and Pharmacy Tirgu-Mures
1995-1999	High school diploma, mathematics-physics

Theoretical High School, Tirnaveni, Mures County

PERSONAL SKILLS

Mother tongue(s)

Other language(s)

Romanian

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
C2	C2	C2	C2	C2
B1	B2	B1	B1	B2
B1	B1	A2	A2	A1
A1	A1	A2	A2	A1

English
(Cambridge CAE grade A)

French

Italian

Hungarian

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
Common European Framework of Reference for Languages

Communication skills

- Increased working ability, objectivity, diplomacy, leadership skills, good conflict management, empathy, abstract thinking

Organisational / managerial skills

- Good leadership – vice-president of the Students League (2000-2004), Member in the PhD School Council.

Digital competence

SELF-ASSESSMENT

Information processing	Communication	Content creation	Safety	Problem solving
Independent User	Independent User	Independent User	Independent User	Independent User

Office suite, statistical software

Driving licence B

ADDITIONAL INFORMATION

Books

- Paşcanu Maria-Ionela, Pop Raluca-Monica, Reti Zsuzsanna, Clinical cases in endocrinology, University Press Targu-Mures, 2020, 127pag, ISBN 978-973-169-645-4, cod CNCSIS 210
- Bacărea Vladimir, Ghiga Dana--Valentina, Pop Raluca Monica, Principii metodologice în cercetarea medicală, University Press Tîrgu-Mureş, 2014, 127 pag, 978-973-169-319-4, cod CNCSIS 210
- Mirela Gliga, Raluca Petri, Gliga Mihail, Nutriția în bolile renale, University Press Tîrgu-Mureş, 2011, 200 pag, 978-973-169-159-6, cod CNCSIS 210
- Ionela Pascanu. Balazs Jozsef, Camelia Gliga, Florina Gliga, , Raluca Pop, Corina Radu-Pop, Zsuzsanna Szanto, Note de curs in Endocrinologie, University Press, 2015
- Ionela Pascanu. Florina Gliga, Gabriela Madaras, Raluca Pop, Corina Radu-Pop, Zsuzsanna Szanto, Endocrinology Lecture, University of Medicine and Pharmacy Tîrgu-Mures, 2012

Projects/Grants

- Summer school: Introduction to Statistical Thinking and Data Analysis, PN-III-P1-1.1-MC-2018-0297, UEFISCDI, 2018 Competition, project manager, 13-18.08.2018, total 17500 RON,
- « The role of visfatin, RBP4 and their polymorphisms in a pediatric obese population », Internal Research Grant, UMF Tg Mures, 2015, member, 90000RON
- „The evaluation of immunologic, hormonal and nutritional factors in patients with

abdominal obesity”, Internal research grant, UMF Tg Mures, 2013, project manager, 22360RON

Honours, awards, fellowships

1. Special prize Oral Communications, National Endocrinology Congress, Bucharest, 2019
2. Special prize, Oral Communications, National Endocrinology Congress, Cluj-Napoca, 2017
3. European Society for Pediatric Endocrinology Clinical Fellowship, 2016 (June-August 2017 Cardiff University Hospital of Wales)
4. Omniscience Award Excellence in Endocrinology, Tirgu Mures, 2014
5. Barbu Ionescu Award, National Endocrinology Congress, Tirgu Mures, 2014
6. Omniscience Award Excellence in Endocrinology, Bucharest, 2011

Memberships

ESE, ESPE, SRE, Endocrine Society, Auxology Society, National Research Methodology and Medical Statistics Society

Courses

1. Summer School Pediatric Endocrinology, September 2019, Vienna
2. Postgraduate Course, GH and Growth Factors Metabolic disorders, Gothenburg May 27-31, 2019
3. New teaching and evaluation techniques in medicine and pharmacy, October 2018-February 2019, Tirgu Mures
4. Receptor disease in endocrinology, Brasov, June 2016
5. Investigations in Endocrinology, Iasi, June 2015
6. Endocrine hypertension, Tirgu Mures, October 2014
7. Radiology and imagistic procedures in endocrinology, Tirgu-Mures, April 2014.
8. Thyroid ultrasound and ultrasound assisted-procedures, 28-29.03.2014, Bucharest
9. 7th EUGOGO Graves' Orbitopathy Teaching Course, 27-28.09.2013, Timsoara
10. ESPE Winter School, 24.02-01.03.2012, Kiev, Ucraina
11. Paediatric endocrinology, 5-6 October 2011, Bucharest
12. Project Manager- intensive course, Tg. Mures, 2-4.06.2011
13. Module Specific formation sessions, Tg Mureş 25-26.06.2011
14. Module Project manager initiation Tg Mureş, 30-31.07.2011
15. Tumoral and non-tumoral endocrinology pathology (thyroid, parathyroid, adrenal), 25-31 May 2011, Tirgu Mures
16. Practical genetic applications in endocrinology – from classic cytogenetic to molecular genetic techniques, 19-21 May 2010, Tirgu Mures
17. Medical emergencies ultrasonography, 13-18 October 2008, Tirgu Mures
18. New approaches in the management of syncope, 23-27 April 2007, Tirgu Mures

Certifications

- 1. European Certification in Endocrinology, Diabetes and Metabolism – 2019 (endorsed by ESE and UEMS)
 2. Endocrinological ultrasound,
 3. Pediatric Endocrinology – 2018
 4. GCP (NIDA Clinical Trials Network) – 2018

Additional information

Granturi:

1. Summer school: Introduction to Statistical Thinking and Data Analysis, PN-III-P1-1.1-MC-2018-0297, UEFISCDI, 2018 Competition, project manager, 13-18.08.2018, total 17500 RON,
2. « The role of visfatin, RBP4 and their polymorphisms in a pediatric obese population », Internal Research Grant, UMF Tg Mures, 2015, member, 90000RON
3. „The evaluation of immunologic, hormonal and nutritional factors in patients with abdominal obesity”, Internal research grant, UMF Tg Mures, 2013, project manager, 22360RON

Pct I.9 – cursuri litografiate - Ionela Pascanu. Balazs Jozsef, Camelia Gliga, Florina Gliga, , Raluca Pop, Corina Radu-Pop, Zsuzsanna Szanto, Note de curs in Endocrinologie, University Press, 2015; Ionela Pascanu. Florina Gliga, Gabriela Madaras, Raluca Pop, Corina Radu-Pop, Zsuzsanna Szanto, Endocrinology Lecture, University of Medicine and Pharmacy Tirgu-Mures, 2012

Pct I.10 – îndrumator lucrari practice – coautor – Paşcanu Maria Ionela, Pop Raluca Monica, Réti Zsuzsanna, "Cazuri Clinice în endocrinologie", University Press 2018

Pct I.12 – responsabil sala rezidentiat sesiunile mai si noiembrie 2017, noiembrie 2018, admitere 2018, 2019.

Pct I.24 – 6 rezumate prim autor – 3 la Congresul European de Endocrinologie Pediatrică – 2017-2019, 3 la Congresul național de Endocrinologie 2017-2019, 2 rezumate co-autor – Congresul Național de Endocrinologie 2019

Pct I.36 – ESPE Clinical fellowship – June-August 2017, Cardiff, UK

Pct I.38 – „First glance at screen time and sleep quality in medical students”, Marisiensis 2020, premiul 2 ; “The efficiency of osteoanabolic treatment in patients with osteoporosis”, Marisiensis 2020; “Iron Man – What Might Be the Consequences”, IMSCB, 2020, “Hypokalemia and hypertension – a not so rare association”, Asklepios 2019; “Secular trend in height – true or false for romanian children?”, Marisiensis 2018

Pct I.39 – “Influența factorilor perinatali asupra unor parametri auxologici” (2016), “Impactul parametrilor metabolismului fosfocalcic asupra răspunsului la terapia antiosteoporotică” (2018), “Initial hormonal profile as a diagnostic tool to differentiate destructive thyrotoxicosis from hyperthyroidism” (2019), “Seculat trend in Romanian children” (2019)

Pct. I.41 - PN-III-P1-1.1-PRECISI-2020-47905 – pentru articolul Rising rural body-mass index is the main driver of the global obesity epidemic in adults, NCD Risk Factor Collaboration (NCD-RisC), Nature. 2019 May;569(7755):260-264. doi: 10.1038/s41586-019-1171-x,

Pct. I.48 – Lector Neuroⁿ 2019, Congresul National de Endocrinologie – 2019, 2020, Simpozionul de Psihoneuroendocrinologie 2019,

Pct. I.49 – Atelierul de Endocrinologie Pediatrica – 2018, 2019,

Pct I.56 – participare Congres European de Endocrinologie Pediatrica 2018, 2019, Congres National Endocrinologie 2018-2020, Congres Endocrinologie Pediatrica 2018-2020

Pct. I. 60 – “Societatea Română de biostatistică și metodologia Cercetării medicale”